



# *Michelle A. Poitier, USN Veteran*

## *International Speaker, Author, Entrepreneur, Voice-Over Talent*

*Michelle Poitier is the bestselling author of several books for women that encountered trauma, abuse and or mental illness secondary to trauma, including “Random Thoughts from the Heart. A Collection and Releasing the Pain. She has been featured as a front-runner in overcoming barriers on platforms, such as Jim Moran Global Entrepreneurship, No Barriers USA, and The Mission Continues.*

*Michelle is the creator of Healing Women Healing Nations of NE Florida “Unmasking the Hurt” and is dedicated to helping women redefine the life after trauma. Her primary message “Healing from the Inside Out” has inspired and empowered many women to pursue the path to healing, move beyond their traumatic experiences and reclaim their lives.*

### **PARTIAL PLATFORM LIST INCLUDES:**



### **SPEAKING TOPICS:**

#### ***Healing from the Inside Out***

*Empowering women to address the dysfunctions they carry due to past experiences; it is a win for our families, communities and ultimately our nation.*

#### ***You Are More Than Your Diagnosis***

*Creating an environment that is stigma-free provides individuals the power to embrace their diagnosis and live an enriched life.*

#### ***Will You Be Made Whole?***

*Helping women to overcome the devastating effects of physical, psychological and sexual abuse by providing help, producing hope and promoting healing.*

*Do not think someone being controlling, verbally, psychologically or physically abusive as a sign of their undying love for you. Abuse of any kind has one motive...Power, Manipulation, and Control. Get help and get out!*

*~Michelle Speakz ~  
If You Hide It, You Can't Heal It!*

### **PRAISE FOR MICHELLE:**

*Hearing Ms. Poitier speak at the Unmasking Stigma conference touched my soul. She is a knowledgeable and authentic speaker with a powerful message. A message based on personal experiences that carried her through obstacles that might break some; yet she recognized her truth and recovered She is a delightful speaker with a positive message for the sexually abused, veterans, women and wives.*

*~ Ann Harris, Ocala, FL ~*

*The uniqueness of the experience she delivers to her audience is in its honesty Ms. Poitier strips off her mask and opens herself to her listeners in a genuine and germane way. She encourages her audience to remove their masks and reveal themselves. Those who experience Ms. Poitier's words gain a personal understanding of how revealing one's self can initiate the healing our souls seek.*

*~ Dr. Daniel Hollar, PHD Board Chair  
Psychology Dept. Bethune Cookman University ~*

### **BOOKING INFORMATION:**

*60 Minute Workshop ~ \$ 1000  
Keynote Address ~ \$2500  
Half Day Seminar (up to 4 hours) ~ \$3000  
Full Day Seminar (up to 8 hours) ~ \$4000*

***Transportation, Round-trip airfare and hotel accommodations are required for booking.***

*For more detail information on Michelle's presentation topics or to book her for your next event, please contact us at:*

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